

# **Shabbat Shechina Retreat: reconnecting with our Jewish feminine wisdom**

**THUR EVENING MAY 30<sup>TH</sup> – SAT EVENING JUNE 1st, 2024**



**Connect with Jewish feminine wisdom at the serene, beautiful,  
magical [Doe Bay Resort on Orcas Island, WA](#)**

**[RESERVE YOUR SPOT HERE](#)**

- Immerse yourself in spiritual community!
- Enjoy nourishing food
- Rest, restore, soak in the outdoor pools, sit in the sauna, hike, explore among the trees, water and land

Are you longing for spiritual connection and community?

For many of us, it has been challenging to find space to fully let go, to feel safe, to be curious, to connect more deeply within and together, to let our hearts break and to feel joyfully alive.

**The *Shabbat Shechina Retreat*** offers an opportunity to sink into a supportive and non-judgmental space with others who are called to connect with the divine Jewish feminine energy within themselves\*.

Through skillful and gently guided practice and ritual, we explore how our ancient identities play out in this modern world. Connect with the wisdom of Shechina and other Jewish representations of the feminine. Whether you are Jewish or Jew-ish, we will connect with each other and create a more safely held space to attune to the ancestral wisdom that is available for us.

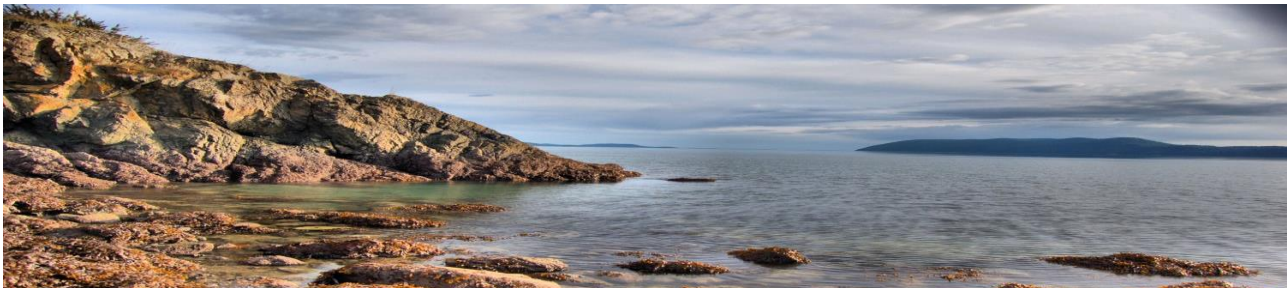
WHY are we offering this particular retreat? Now more than ever, we (Roxane and Michal) are seeing the need to gather in a community that uplifts the power of our divine Jewish feminine wisdom.

WHO is this for? We warmly invite cis and trans women, as well as non-binary humans, of who identify as Jewish or those who have a spark of curiosity about their Jewish identity or heritage. Please note, this retreat is exclusively for those who can respectfully hold space for others who have different backgrounds, experiences and perspectives.



WHAT are we going to be doing? All offerings are optional and we trust your intuition around what you need. Here is what we will be gently guiding:

- Chanting + meditation
- Group discussion + sharing
- Self-reflection + journaling
- Moving our bodies
- Ritual practice
- Shabbat dinner and invitation for tech-free sabbath
- Exploring divine feminine wisdom
- Connecting with inspiring Jewish matriarchs
- Time to rest, restore and explore according to your intuition
- Taking in and connecting with the natural surroundings



## WHAT is included?

- All **group offerings**, led by Roxane and Michal in the Retreat House [Retreat House – Doe Bay Resort & Retreat](#).
- **Breakfast and Lunch each day, Dinner on Thursday.** Healthful, delicious meals prepared by our Naturopath friend and peer Leah Alvarado. Vegan/Vegetarian/Pescatarian/Gluten Free Options (we can accommodate most diets).
- **Access to the Doe Bay Resort** including the outdoor soaking tubs, sauna, hiking, yoga & meditation room.



**ACCOMMODATIONS & DINNERS?** Retreat price does not include lodging and only includes dinner on Thursday.

- **Lodging** for cabins (private or shared), yurts, or a treehouse! [Accommodations – Doe Bay Resort & Retreat](#). Book soon to secure your stay.
- We have one double occupancy room in the Retreat House (for 1-2 people for an additional fee-email us if interested).
- **Transportation** to and from Doe Bay (see information about reserving your spot on the Ferry). [Washington State Ferries Vehicle Reservations System \(WSF VRS\)](#)
- **Book your ferry now** even if you wait to register for the retreat. To ensure you arrive by our start time at 6PM Thursday 5/30, allow 2 hours from Ferry to Doe Bay & check in. Since our circle will not finish until late Saturday evening, plan on staying Saturday night so can relax without rushing to catch the late ferry. **We do recommend booking your return ferry on Sunday ASAP** as spots are already booking for the desirable crossing times.
- **Dinner Friday and Saturday.** We recommend dining at the famed seed to table Doe Bay Cafe. [Café – Doe Bay Resort & Retreat](#). Michal and Roxane will be there!

**COST: \$720**

Early bird Purim pricing \$612 until sundown March 23rd

Early bird Pesach (Passover) pricing \$648 sundown April 22nd

Book now to secure your spot!

Deposit \$306

**[RESERVE YOUR SPOT HERE](#)**

**Cancellations:** To keep our group intimate we have limited the number of attendees, and, with the amount of time we spend preparing, we are unable to offer refunds. If the need to cancel arises you may gift your spot to someone else or provide a scholarship for someone who would like to attend.

**Want some Extra Time?**

Come a day early or stay an extra day and explore, rent a kayak [Kayaking – Doe Bay Resort & Retreat](#), hike Mt. Constitution, rest, receive a massage [Massage – Doe Bay Resort & Retreat](#), have dinner at the Doe Bay Cafe [Café – Doe Bay Resort & Retreat](#).

**Need more INFO?** Email: [roxane@unioncenterforhealing.com](mailto:roxane@unioncenterforhealing.com) (West Coast) or Michal Waldfogel [michal.waldfogel@gmail.com](mailto:michal.waldfogel@gmail.com) (East Coast)

